

Richland Aspirations

The focus of our program

- Making friends
- Problem solving
- Vocational planning
- Values and ethics
- Teamwork skills
- Self-awareness
- Understanding others
- Success on the job
- Independence
- Responsibility



Partners in **Richland Aspirations**
and in cooperation with
The Nisonger Center



Richland Newhope,
314 Cleveland Avenue, Mansfield, OH 44902
(419)774-4201



Catalyst Life Services
741 Scholl Road, Mansfield, OH 44907
(419) 756-1717



Richland County Mental Health
& Recovery Services
87 East First Street, Suite L, Mansfield, OH 44902
(419) 774 5811



1760 University Dr, Mansfield, OH 44906
(419) 755-4011



Richland Aspirations

A social and vocational
support program

*...helping teens and young adults
with autism spectrum disorders
explore their aspirations ...*

Richland Aspirations

What is it?

Richland Aspirations is a program designed to provide an opportunity for teens ages 13-17 and young adults ages 18-25 with **Autism Spectrum Disorders (ASD)** to discuss their own vocational and social goals and *dreams*.

- Group leaders facilitate small group discussions in an atmosphere of acceptance and friendship.
- Participants are guided in ways to improve their skills while developing self-awareness, social insight and independence.

**Prior to and upon completion of the program, a voluntary research component is completed by each*



Our History:

Richland Aspirations program began in 2013 with two groups of young adults coming together. The groups and their members continue to have reunions.

If you have questions or need more information about Richland Aspirations call:

**Carla Rumas, PT, Director
@ Richland Newhope
(419) 774-4288**

Richland Aspirations

Who can participate?

Richland Aspirations is designed to meet the needs of teens and young adults with **Autism Spectrum Disorders**.

- **When are the meetings?**

Groups meet for one hour, each week for 8- weeks. Reunions are planned after completion of the initial 8 weeks.
(Meetings are in the evening)

- **Is there a cost for this program?**

There is no fee to participate.

- **Where are the meetings held?**

The Ohio State University, Mansfield
Ovalwood Hall, 1760 University Dr.,
Mansfield, OH 44906



For enrollment information:

Call: Richland Newhope

419-774-4201

Ask for the Richland Aspirations
Program contact.

Richland Aspirations

Parent/Caregiver Education

****Bring your teen/young adult to the Richland Aspirations group and stay for the Parent/Caregiver's Group, which meets at the same time.
*(Meetings are in the evening)***

****Parents/Caregivers will have the opportunity to hear from speakers about topics relevant to their teen's or young adult's needs, abilities and success.**

****Reunions of the participants and their Parents/Caregivers will be planned and held on a regular basis.**

