

# Programs offered through the Transition Council will be tailored to meet the needs of your group

## Communication

- First impressions
- Dealing with conflict
- Developing positive relationships
- Dealing w/feelings & stress management
- General communication / body language
- Person first language



Richland NewHope staff supporting teams at an evening parent/student event

## Feelings

- Identifying basic feelings
- Controlling our feelings (impulse control)
- Dealing with conflict
- Dealing with stress
- Communicating our feelings

## Work Skills

- Interviewing skills
- Career exploration
  - \* Identifying strengths, weaknesses, likes, and dislikes. Exploring career opportunities.
- Employability skills
  - \* Collaboration / being a team
  - \* Dress code
  - \* Hygiene and grooming
  - \* Attendance
  - \* Professionalism
  - \* Attitude
  - \* Communication
  - \* Problem solving
- Career planning skills
  - \* Opportunity to explore a free resource (Ohio Means Jobs K-12)
  - \* Identify the key components of a resume and / or career plan
  - \* Create and begin to develop an Ohio Means Jobs account
  - \* Begin a job search
  - \* Identify a key planning tool
  - \* Identify the correct format of a cover letter / letter of application
- Postsecondary transition planning



## Other Topics for Which We Can Get Resources and Speaker Support

- Benefits analysis
- Finance (both student and adult topics)
- Driver's Permit study supports / training
- Social Media / Cyber Bullying concerns
- Drug Awareness / Drug Prevention